

**How Would You Like Us to
Personally Walk You Through
the Exact Game Plan Our Clients Use to
Get Healthy, Go From Obese to Ideal
Weight Effortlessly and Prevent Heart
Attacks... Absolutely for Free?**

From the Desk of: Dr. Del Millers,
Playa Vista, California

Dear Friend,

Let's talk about HEALTH RESULTS for a second:

Every day, our clients are on Facebook, raving about their wins.

Going from obese (350 pounds) to ideal weight (225 pounds) in less than a year...

Reducing their total cholesterol from over 300 to almost 200...

Reducing their A1C from 7.0 down to 4.8, which essentially reverses their diabetes...

In fact, if what's being posted on Facebook is any clue...

In the past 12 months, our coaching programs have helped more people lose more weight, reverse chronic disease symptoms and get healthy than ANY other fitness/health coaching company out there.

The only question you need to ask yourself is, **"Do I want to reach my health goals in 2018?"**

If the answer is YES, then I'd love to share with you how we're getting these kinds of results, and I'd like to share it with you for FREE.

Here's how it works...

**Right Now, You're Probably Stuck on
One of These 3 Things...**

You're doing all the "RIGHT" things you're told to do to "MANAGE" your disease symptoms, but you're NOT getting any better, in fact, you're getting worse...

OR...

You've lost weight and gained it back, and then some, so many times right now you're thinking to yourself, "why even bother?"...

OR...

You're working hard to pick up the pieces and move forward with your life after surviving a heart attack or bypass

surgery but you can't seem to shake the feeling that life as you've always known it is suddenly over...

Which of those sounds more like you?

The good news is that whichever it is, my team and I can show you a plan that will help you to solve that problem...

...and we'll do it for FREE.

Consider this:

These are the kinds of problems we help our clients solve every single day. If we can do it for them, why can't we do it for you?

Here's How to Get Our Help for FREE...

We've set aside some time to speak to you over the next few days.

We'll get on the phone for about 45 minutes. On that call, we'll lay out a plan to help you do ANY or ALL of the 3 things we mentioned above.

This plan is going to enable you to achieve your health goals this year...and blow right past them...

...while **feeling MORE confident and self-assured than you are right now.**

It's a bold promise...

But after twenty-five years of helping clients on three continents achieve their health goals, I feel very comfortable making it.

The plan we craft together will be SIMPLE, CLEAR, and light years ahead of anything you've heard from anyone else.

After all, I specialize in simple solutions to complex problems.

Our stuff works. And we know that if we work together, and you stay coachable, decisive, and resourceful, there is NO limit to the kind of health outcomes you can achieve.

This invitation is going out to over 2,000 people right now, so as you can imagine, it's going to create a HUGE response. That's why I need you to read this next part carefully:

**This is NOT for Everybody.
Here's Who I Can Help:**

I'm VERY picky about who I'll speak with, and I have a strict (but reasonable) set of criteria that needs to be met in order for us to proceed:

1. You're significantly overweight/obese with MORE than 50 pounds to lose and you're READY to reduce your risks of a heart attack or diabetic complications. You've realized that it's not about the weight it's about your health.

OR

2. You've already had a heart attack or bypass

surgery and you desperately want to prevent repeating that scenario.

OR

3. You're diabetic or pre-diabetic, your cholesterol is through the roof, you have high blood pressure, and

you're taking so many meds you can't even remember what for.

If you like to "kick tires" or sign up for things and not follow through, this is NOT for you. Maintaining a 100% client success rate is VERY important to me. Please be someone who doesn't mess around, and is serious about results.

That's it - if you meet any of the above requirements, we're good.

Here's What I Want You to Do Next:

If you meet the criteria above, and you'd like to talk about blazing a new trail towards a healthier way of living, then I'll happily set aside some time for you.

Here's what to do next:

Head over to <http://www.personalfitness.com/health-strategy/> and you'll see our calendar. Grab whatever appointment time works for you.

Then you'll be taken to our quick application form. It's very fast and unobtrusive. I just need to know what health challenges you're currently facing and what health outcomes you would like me to help you achieve.

That's it!

The initial call will go 45-60 minutes, and it will be the BEST time you have ever spent working on your health.

WARNING - TIME IS A FACTOR!

This invitation is going out to 2,000+ people today, and there is only so much time available in the schedule.

It's physically impossible for me to work with more than a handful of people, so it is FIRST COME, FIRST SERVED.

[If you feel like this is the right opportunity for you, click here, leave your application, and let's talk!](#)

Talk soon,

Dr. Del Millers